

PUFC RULES OF COMPETITION SPRING 2022

PUFC WILL FOLLOW THE FIFA LAWS OF THE GAME, EXCEPT THOSE MODIFIED BELOW, FOR THE SPRING 2022 SEASON. PUFC EXPECTS ALL PARTICIPANTS TO FOLLOW THE CODE OF CONDUCT.

GAMES SUMMARY

Division	Fields Used	Ball Size	Game Length	Breaks	Players on Field
U6	I,J,K	3	4 x 10' Qtrs	5'	4V4 (No GK)
U8	F,G,H	3	4 x 10' Qtrs	5'	4V4 (No GK)
U10	L,E	4	2 x 25'	10'	7v7 (6+GK)
U12	B,C	4	2 x 30'	10'	9v9 (8+GK)
U16	A	5	2 x 35'	10'	10V10 (9+GK)

SUBSTITUTIONS

Substitutions of players may be allowed at the following times

- Prior to a throw-in by the team in possession or both teams, if the team in possession first requests a substitution
- Prior to a goal kick by either team
- After a goal by either team
- Injury by either team
- Coach may elect to substitute a cautioned player prior to restart of play.

Player shown a red card and dismissed from match will not be substituted and the team will play short for remainder of match

HEADING

- Heading will be allowed in the U12 and U16 age groups.
- No heading will be allowed in U6, U8, and U10 age groups. This applies to accidental or intentional heading.
 - Play will be stopped and the restart will be an indirect free kick from the spot of the offence.
 - If, in the opinion of the referee, a player intentionally attempts to deny a goal scoring opportunity by "heading" the ball and the ball enters the goal without being played by another player, the goal is allowed and the player will be cautioned.

BUILD-OUT LINE

- For U6, U8, U10 Fields
- Approximately half way between goal line and half line
- All opposing players must be behind build-out line on goal kicks and once GK has ball in their possession (U10). Play is live once the ball has been played. (ex. All players for team B must be behind the line if team A is in possession of the ball)
- For U10, Offside may occur between build out line and goal line.
- In line with TN Soccer and USSF initiatives to promote playing the ball out of the back in an unpressured setting.

U6 COED SPECIFIC

- No Offside

- Fouls/Misconduct will be called and explained by the Coach. Play is restarted with an indirect free kick from the spot of the offence. The following will be called.
 - Handling the ball
 - Pushing, tripping/attempt to trip, and kick/attempt to kick an opponent
- No Throw-Ins – team who would normally throw-in will restart via kick from the ground at the spot where the ball crossed the touchline.

U8 COED SPECIFIC

- No Offside
- All fouls/misconduct will be restarted with an indirect free kick from the spot of the offence. The following fouls/misconduct will be called by the referee.
 - Handling the ball
 - Pushing, tripping/attempt to trip, and kick/attempt to kick an opponent

U10 COED SPECIFIC

- No punting/drop-kicks allowed by the goalkeeper. An indirect free kick will be awarded to the opposing team from the spot of the offence.

MISCELLANEOUS

- Referee abuse WILL NOT be tolerated
- PUFC will follow US Soccer Concussion protocols when needed.