**PUFC RULES OF COMPETITON SPRING 2022**

*PUFC WILL FOLLOW THE FIFA LAWS OF THE GAME, EXCEPT THOSE MODIFIED BELOW, FOR THE SPRING 2022 SEASON. PUFC EXPECTS ALL PARTICIPANTS TO FOLLOW THE CODE OF CONDUCT.*

**GAMES SUMMARY**

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**SUBSTITUTIONS**

Substitutions of players may be allowed at the following times

* Prior to a throw-in by the team in possession or both teams, if the team in possession first requests a substitution
* Prior to a goal kick by either team
* After a goal by either team
* Injury by either team
* Coach may elect to substitute a cautioned player prior to restart of play.

Player shown a red card and dismissed from match will not be substituted and the team will play short for remainder of match

**HEADING**

* Heading will be allowed in the U12 and U16 age groups.
* No heading will be allowed in U6, U8, and U10 age groups. This applies to accidental or intentional heading.
	+ Play will be stopped and the restart will be an indirect free kick from the spot of the offence.
	+ If, in the opinion of the referee, a player intentionally attempts to deny a goal scoring opportunity by “heading” the ball and the ball enters the goal without being played by another player, the goal is allowed and the player will be cautioned.

**BUILD-OUT LINE**

* For U6, U8, U10 Fields
* Approximately half way between goal line and half line
* All opposing players must be behind build-out line on goal kicks and once GK has ball in their possession (U10). Play is live once the ball has been played. (ex. All players for team B must be behind the line if team A is in possession of the ball)
* For U10, Offside may occur between build out line and goal line.
* In line with TN Soccer and USSF initiatives to promote playing the ball out of the back in an unpressured setting.

**U6 COED SPECIFIC**

* No Offside
* Fouls/Misconduct will be called and explained by the Coach. Play is restarted with an indirect free kick from the spot of the offence. The following will be called.
	+ Handling the ball
	+ Pushing, tripping/attempt to trip, and kick/attempt to kick an opponent
* No Throw-Ins – team who would normally throw-in will restart via kick from the ground at the spot where the ball crossed the touchline.

**U8 COED SPECIFIC**

* No Offside
* All fouls/misconduct will be restarted with an indirect free kick from the spot of the offence. The following fouls/misconduct will be called by the referee.
	+ Handling the ball
	+ Pushing, tripping/attempt to trip, and kick/attempt to kick an opponent

**U10 COED SPECIFIC**

* No punting/drop-kicks allowed by the goalkeeper. An indirect free kick will be awarded to the opposing team from the spot of the offence.

**MISCELLANEOUS**

* Referee abuse WILL NOT be tolerated
* PUFC will follow US Soccer Concussion protocols when needed.